Alcohol & Hazing: Liquid Bonding

While hazing does not necessarily involve alcohol use by either current or new members, alcohol consumption is often either a central or contributing element.

Consumption as a condition for admission to a group

According to the Cornell Campus Code of Conduct, any consumption of alcohol, other drugs, or other substances that is “an explicit or implicit condition for initiation to, admission into, affiliation with, or continued membership in a group or organization” constitutes hazing. This definition is applied regardless of the level of pressure to drink.

On the continuum of coercion to drink, an implicit condition may be as subtle as inviting new members to sit and drink with members while watching television. Or it can be more explicit, such as lining up fifteen shots and demanding that the new members consume them in fifteen minutes.

Pressure to participate in drinking rituals

Some fatal cases of hazing have been labeled as episodes of “binge drinking,” a term that suggests that the students who died of alcohol poisoning just used poor judgment and did not know when to stop drinking. It is more accurate to refer to such episodes as “ritualized drinking” in which there is systematic pressure applied to vulnerable new members that leads them to consume dangerous amounts of alcohol.

A common argument in defense of groups that pressure new members to drink is that they do not “force anyone to drink.” Comments such as “no one poured it down their throats” and “they could have walked out at any time” ignore the reality of coercive power in groups and the fact that psychological force can be as strong as physical force.

Two roles of alcohol in hazing

Consumption by current members...

Intoxication of current members is in essence “strategic disinhibition” designed to achieve the following:

- Make it more tolerable to put new members through experiences that current members had to endure.

Consumption by new members ...

Providing alcohol to new members can serve a variety of functions, including the following:

- Reduce anxiety or guilt about subjecting new members to mental and physical distress. Alcohol enables members who feel conflicted about hazing to temporarily suspend their moral standards.
- Provide a sense of “insurance” against culpability by allowing hazers to point to their inebriated state as the explanation for hazing incidents. The “we were drunk and things just got out of hand” defense seeks to obscure that fact that hazing is generally premeditated and systematic. Intoxication, however, is not a valid legal defense.

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Risks of alcohol in hazing
In addition to potential legal and judicial consequences, there are three main health risks that alcohol poses in hazing.

1. Acute risk to new members
• Rapid consumption of large quantities of alcohol can kill by suppressing brain functions.
• A person can pass out and then choke on their own vomit because of an impaired gag reflex.
• A person can pass out and then suffocate with their face in a pillow.
• A person’s breathing or heart beat can stop.
• Heavy drinking can also lead to a wide range of negative consequences such as injuries and memory loss. It can also contribute to being sexually victimized (see share.cornell.edu for support and resources).

Whenever a person is severely intoxicated, it is imperative that someone call 911 for medical assistance. Every student should be familiar with the signs of alcohol poisoning and Cornell’s Good Samaritan Protocol: GoodSam.cornell.edu. It is never worth risking someone’s life for the sake of the group. When someone does the right thing and calls for help, Cornell administrators consider the act of calling a mitigating circumstance when determining any sanctions that might apply to an organization. Not calling is an aggravating circumstance that will result in more severe sanctions.

2. Chronic risks to new members
• One in ten students reports worrying that they might have a problem with alcohol or other drugs. Many of these individuals have either developed or are at risk of developing alcohol dependency.
• New member processes that involve alcohol pose extra risk for students with alcohol problems. The consequences for the individual can be serious and can have a major negative impact on the group as well. By creating conditions where it is difficult for a person with an alcohol problem to decline to drink, the group contributes to the person’s problem.

In some cases, members are either unaware of such risks or recklessly disregard them. In one case, a new member explained to current members that another new member was recovering from a drinking problem. Rather than exempting the new recovering member from drinking rituals, the members targeted this person for drinking activities.

3. Risk to hazers and the group
In addition to increasing their own risk of the acute and long-term individual consequences described above, members who haze risk harming others and bringing sanctions upon themselves or their organization.

When the members of a group that is hazing become intoxicated, they may make disastrous decisions. Impaired judgment can turn a premeditated act of hazing into a tragedy.
• In the spring of 1980, a pledge at an Ithaca College fraternity died during a hazing episode. Whether or not this individual or the brothers in the fraternity had consumed alcohol prior to the incident is not clear. But the poor judgments of these individuals led to both the death of a fellow student and the abolishment of the entire fraternity system at the college.
• In February, 2011, a Cornell IFC member was provided alcohol and other substances. He became incapacitated, then unconscious, and his head was turned to the side by another member. Even though the other members recognized the condition the member was in, they failed to call for medical care and abandoned him at the time. He subsequently died.