

## Five R's Exercise ©

Step	Activity name:
<b>REVIEW</b>	<p>What occurs in the activity?</p> <p>What are the goals or purposes of the activity?</p> <p>What are the potential positive effects of the activity?</p> <ul style="list-style-type: none"> <li>• For new team members</li> <li>• For team members leading/directing the activity</li> <li>• For the team as a whole</li> <li>• For the school</li> </ul> <p>What are the potential negative effects of the activity?</p> <ul style="list-style-type: none"> <li>• For new team members</li> <li>• For team members leading/directing the activity</li> <li>• For the team as a whole</li> <li>• For the school</li> </ul> <p>What elements/aspects of the activity could contribute to a positive impact?</p> <p>What elements/aspects of the activity could contribute to a negative impact?</p> <p>Would you consider this activity to be hazing?</p> <p>Would this activity violate the school's anti-hazing policy?</p>
<b>RETAIN</b>	<p>Can you retain this activity as it is in its current form?</p> <ul style="list-style-type: none"> <li>• Option A: If yes, the process is complete for this activity.</li> <li>• Option B: If no, proceed to the next step.</li> </ul>
<b>REJECT</b>	<p>Does you need to reject this activity?</p> <ul style="list-style-type: none"> <li>• Option A: Yes, it constitutes hazing (specify why) and you cannot modify it into a non-hazing form. Proceed to <b>REPLACE</b>.</li> <li>• Option B: No, you can revise it to make it non-hazing. Proceed to <b>REVISE</b>.</li> </ul>
<b>REVISE</b>	<p>How could you revise this activity to make it non-hazing? What changes would reduce the risk of negative effects and increase the likelihood of positive ones?</p>
<b>REPLACE</b>	<p>What positive team-building activity could replace the one that you rejected?</p>