

Hazing Prevention: 5 R's Exercise

Consider these five ways to reduce the risk of hazing in activities conducted by groups, teams, and organizations:

Step	Activity name
REVIEW	 What occurs in the activity? What are the goals or purposes of the activity? What are the potential positive effects of the activity? For new team members For team members leading/directing the activity For the team as a whole For the school What are the potential negative effects of the activity? For new team members For team members leading/directing the activity For the team as a whole For the school What elements/aspects of the activity could contribute to a positive
	 impact? • What elements/aspects of the activity could contribute to a negative impact? • Would you consider this activity to be hazing? • Would this activity violate the school's anti-hazing policy?
RETAIN	 Can you retain this activity as it is in its current form? Option A: If yes, the process is complete for this activity. Option B: If no, proceed to the next step.
REJECT	 Does you need to reject this activity? Option A: Yes, it constitutes hazing (specify why) and you cannot modify it into a non-hazing form. Proceed to REPLACE. Option B: No, you can revise it to make it non-hazing. Proceed to REVISE.
REVISE	 How could you revise this activity to make it non-hazing? What changes would reduce the risk of negative effects and increase the likelihood of positive ones?
REPLACE	What positive team-building activity could replace the one that you rejected?

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